

Cara Woodson Welch, Esq.
Public Policy Director



Cara Woodson Welch is the Director of Public Policy for WorldatWork responsible for anticipating and addressing regulations and legislation that could affect total rewards and human resource professionals in the United States and around the globe. Welch has 16 years experience in public policy and government affairs and is a member of the DC Bar. Prior to joining WorldatWork, she served as general counsel and vice president of advocacy at the Design-Build Institute of America in Washington, D.C.

Welch's extensive experience includes advocacy at the local, state and federal level. Early in her career, she received a fellowship with the Human Resources division of the Social Security Administration in the U.S. Department of Health and Human Services. She also has worked in the state legislature and the state executive branch. She has an excellent grasp of the federal legislative and regulatory process and understands how federal law and regulations impact employers.

Welch previously held executive positions with American Society of Landscape Architects, National Association of Realtors, American Society of Health-System Pharmacists and more.

She writes regular columns for *workspan*, the award-winning WorldatWork membership publication. She also writes a blog titled "Public Policy Perceptions" which may be accessed at worldatwork.org/blogs.

Welch has been quoted in *The Washington Post*, *Workforce Management*, *Employee Benefit News*, and *Associated Press*.

Professional Designations:

Member, DC Bar

Professional Associations:

American Society of Association Executives

Education:

B.A. in International Studies and French with a Minor in Political Science from Macalester College

J.D. from Georgetown University Law Center

Media contact:

Marcia Rhodes

1100 13th Street NW

Suite 800

Washington, DC 20005

14040 N. Northsight Blvd.

Scottsdale, AZ 85260

Toll-free: 877/951-9191

www.worldatwork.org

About WorldatWork®

The Total Rewards Association

WorldatWork is a global human resources association focused on compensation, benefits, work-life and integrated total rewards to attract, motivate and retain a talented workforce. Founded in 1955, WorldatWork provides a network of more than 30,000 members and professionals in 75 countries with training, certification, research, conferences and community. It has offices in Scottsdale, Arizona, and Washington, D.C.

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WorldatWork Journal, WorldatWork Press and Telework Advisory Group are part of the WorldatWork family.